

# MEDICAL COVER FOR JYVASKYLA 2012

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Dear Athlete

## **WORLD MASTERS' INDOOR TRACK AND FIELD CHAMPIONSHIPS 3-8 April 2012, Jyvaskyla, Finland**

We will be taking four people to Jyvaskyla, the cost of which will be **£40**. Please note that this is non-refundable. This will entitle you to a maximum of **four** treatments, ie chiropractic or massage (at the discretion of the medical team) **should you need them**. Any extra treatments will be charged at £15 or local currency equivalent. Genuine, acute injuries will always take precedent over someone just wanting a pre or post race massage. Also, a reminder that the team will not be able to '*magic*' a cure for chronic injuries, so it is always advisable to get as much treatment as possible for any persistent problems before you leave the UK. There is no carryover of so called '*unused*' treatments from previous championships.

Unfortunately, it will **NOT** be possible to pay for treatment once you are in Jyvaskyla (although the team will always treat any emergency), as this is really unfair on the regular contributors, and it is just not feasible to arrange this service unless athletes pay in advance.

**NB** If you contributed to the medical service in Sacramento, but did not have cause to use this, then the cost will be reduced to £30 for Jyvaskyla. For info, there will be physio facilities provided by the Local Organising Committee which you can pay for on an '*as needed*' basis if you do not wish to take up this '*insurance*'.

If you would like to subscribe, please make your cheque payable to '**British Masters' Medical Services**' and post to 'Mrs C A Filer' at the above address. Closing date is:

**Friday 23 March 2012**

**(also, cheques can be handed to the medical team at the British Indoor Champs)**

This closing date allows sufficient time to prepare the athletes' list and treatment sheets before the medical team departs. It would be helpful if you could please add your **age group, event(s)** and quote '**JYVASKYLA**' on the back of your cheque. If you require an acknowledgement, then please provide either an email address or stamped addressed envelope.

**Please note, you still have to arrange your own health insurance cover.**

I hope the majority of you will support British Masters' Medical Services, as it is non-profit making, run by athletes for athletes - 100% of monies collected goes toward getting the medical team (who **volunteer** their services, ie they are not paid!) to the overseas meetings.

Many thanks.

Carole Filer

**Hon Secretary  
British Masters Medical Services**